



Simple and Effective Pain Relief

Ibuprofen and Acetaminophen Combination

Uses:

This combination of medications contains a non-steroidal anti-inflammatory used to relieve discomfort and reduce swelling along with an acetaminophen product used to relieve discomfort.

How to Use:

For medically healthy patients over the age of 12 we recommend starting with 400mg of over the counter ibuprofen plus 500mg of over the counter acetaminophen, taken simultaneously every 4 hours for the first 24 hours.

It is best to take the initial dose of medication before the anesthesia wears off.

Take with at least ½ cup of water or juice to aid in absorption and reduce stomach irritation.

After 24 hours, take the combination every 4-6 hours as needed.

The maximum daily dose for ibuprofen is 3,200mg and for acetaminophen is 3,000mg.

important!

Side effects:

May cause nausea, rash shortness of breath or itching.

Contact our office if you experience any of these side effects.

If the over the counter combination does not manage your pain, and you were given a prescription pain reliever, you may take that as directed. The prescription medication may cause drowsiness and will slow down your reflexes. Do not drive an automobile or operate heavy machinery. Avoid alcoholic beverages. If pain persists, contact our office.

A recent review in the Journal of the American Dental Association concluded that the ibuprofen and acetaminophen combination has been reported to provide greater analgesia without significantly increasing the adverse effects that are associated with opioid-containing analgesics (Moore, 2013).

